

September 2019

LUNCH

Hot

2-Sep	3-Sep	4-Sep	5-Sep	6-Sep
Turkey a l'Orange New Potatoes Snap Peas Dinner Roll Margarine Grapes	Franks & Beans Broccoli Slaw Corn Chowder Crackers Greek Yogurt	Lemon Pepper Fish Mac & Cheese Stewed Tomatoes Peas Margarine Orange	Honey Mustard Chicken Mashed Sweet Potatoes Brussel Sprouts Dinner Roll Margarine Fresh Apple Slices	Boneless Pork Ribs Mashed Potatoes Mixed Vegetables Dinner Roll Margarine Vanilla Pudding
9-Sep	10-Sep	17-Sep	18-Sep	20-Sep
Turkey Cacciatore WW Penne Broccoli Margarine Fresh Fruit Salad	Cheeseburger WW Bun Potato Salad Vegetable Soup Margarine Mixed Berries	Stuffed Cabbage Mashed Potatoes Dilled Carrots Dinner Roll Margarine Cherry Jello	Asian BBQ Turkey Brown Rice Asian Mixed Vegetables Crackers margarine Fresh Fruit Salad	Chicken Pot Pie Roasted Red Potatoes Green Beans Margarine Fresh Pineapple
16-Sep	17-Sep	18-Sep	19-Sep	20-Sep
Roast Beef Parsley Boiled Potatoes Peas & Carrots Dinner Roll Margarine Apple Bread Pudding	Chicken Primavera WW Penne Tomato Basil Soup Crackers Margarine Mixed Berries	Swedish Meatballs WW Noodles Broccoli & Carrots Margarine Fresh Melon	Caribbean Fish Brown Rice Black Bean & Corn Salad Caribbean Vegetables Orange Sugar Cookie	Chicken Cordon Bleu Mashed Potatoes Roasted Zucchini & Squash Dinner Roll Margarine Sorbet
23-Sep	24-Sep	26-Sep		
Fiesta Pork Chop Oven Roasted Potatoes Chuckwagon Corn Dinner Roll Margarine Fresh Fruit Salad	Open Faced Roast Beef Sandwich Mashed Potatoes Cream of Broccoli Soup Margarine Rice Pudding	Herb Roasted Turkey Mashed Sweet Potatoes Brussel Sprouts Dinner Roll Margarine Fruit Bread Pudding	Meatloaf Mashed Potato Broccoli Dinner Roll Margarine Cottage Cheese & Berries	Oven Baked Chicken Legs Oven Roasted Potatoes Mixed Vegetables Dinner Roll Margarine Fresh Melon
Roasted Pork w/ Sauerkraut Mashed Potatoes Carrots Dinner Roll Margarine Baked Apples				