

September 2019

Cold

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Italian Sandwich Coleslaw Fresh Grapes	3 Greek Salad with Chicken Whole Wheat Dinner Roll Fresh Honeydew Melon	4 Reuben Cucumber Tomato Onion Salad Fresh Orange	5 Spinach Poppy Seed Salad with Bacon Crackers Fresh Pear	6 Turkey Swiss Wrap Carrot Raisin Salad Fresh Apple Slices	7
8	9 Deli Club Sandwich Cucumber Tomato Onion Salad Fresh Pear	10 Chicken Caprese Salad Whole Wheat Dinner Roll Fresh Pineapple	11 Steak & Spinach Sandwich Carrot Raisin Salad Fresh Apple Slices	12 Beet, Orange, & Spinach Salad with Chicken Whole Wheat Dinner Roll Crackers	13 Roast Beef & Cheddar Sandwich Coleslaw Fresh Orange	14
15	16 California Tuna Salad Wrap Carrot Raisin Salad Fresh Orange	17 Sweet and Smoky Chicken Salad Whole Wheat Dinner Roll Fresh Fruit Salad	18 Pork & Provolone Sandwich Coleslaw Fresh Pear	19 Beef Thai Salad Whole Wheat Dinner Roll Fresh Pineapple	20 Crunchy Chicken Salad Sandwich Cucumber Tomato Onion Salad Fresh Grapes	21
22	23 Italian Sandwich Coleslaw Fresh Grapes	24 Greek Salad with Chicken Whole Wheat Dinner Roll Fresh Honeydew Melon	25 Reuben Cucumber Tomato Onion Salad Fresh Orange	26 Spinach Poppy Seed Salad with Bacon Crackers Fresh Pear	27 Turkey Swiss Wrap Carrot Raisin Salad Fresh Apple Slices	28
29	30 Deli Club Sandwich Cucumber Tomato Onion Salad Fresh Pear					